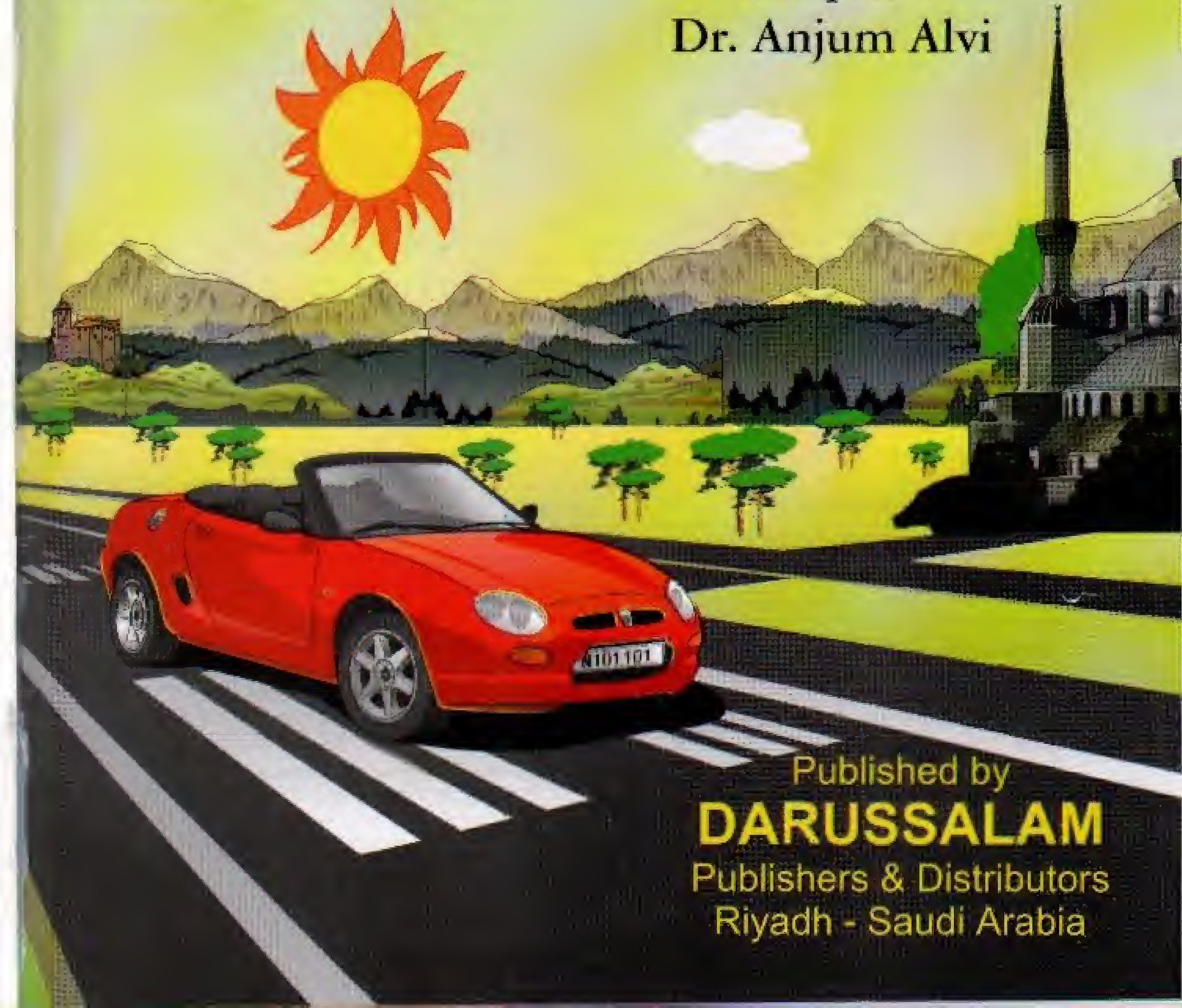


يوم من حياة الطفل المسلم

A DAY IN THE LIFE OF A MUSLIM CHILD

Compiled by
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رَبِّ يَسِّرْ وَلَا تُعَسِّرْ وَتَمِّمْ بِالْخَيْرِ

“O my Lord, make easy for me and do not make hard,
and finish (it) with goodness and excellence.”

I am your brother in Islam. My name is Ukasha. I am eight years old. I live with my parents, brothers Abdul Ghaffar, Talha, Abdullah and sister Omama. *Alhamdu lillâh* (Thanks and praises to Allâh) that I was born in a Muslim family.

I have a very close friend whose name is Osama. My parents, brothers, sister and neighbours like me very much and so do I.



I go to bed early in order to get up early for the *Fajr* (dawn) prayer. It is also a *Sunnah* of Prophet Muhammad صلى الله عليه وسلم to sleep early after '*Isha* (night) prayer. My mother wakes me up for *Fajr* prayer. When I wake up I say my morning supplication:

«الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا،
وَالِإِيَّهِ النُّشُورُ».

*Alhamdu lillâhilladhi ahyana
ba'da ma amatana wa ilaihinrushûr.*



[Thanks and praises to Allâh who brought us to life after having given us death and to Him we shall have to return]. Then I make my bed tidy. I take my *Siwaak* (a toothbrush made of the root of Araak tree) and go to the bath room. While entering the bathroom, I make sure to put my left foot in first and say the supplication like this:



«اللَّهُمَّ! إِنِّي أَعُوذُ بِكَ مِنَ الْخُبَاثِ وَالْخَبَائِثِ».

Allâhumma inni a'oodhu bika minal khubthi wal khaba'ith.

[O Allah! I seek refuge with You from the bad and evil things].

After urinating, I wash my private parts thoroughly with my left hand because cleanliness is very important in Islam.

After washing my hands with soap and water I come out and put my right foot out first and say the following supplication:

«غُفْرَانِكَ، أَلْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنِّي
الْأَذَى وَعَافَانِي».

Ghufrânaka. Alhamdu lillâhilladhi adhhaba anniladha wa'afâni.

[I ask for Your forgiveness. Thanks and praises to Allâh Who removed from me the suffering and gave me relief].

We have got a back house and a courtyard. So I prefer to perform *Wudu* (ablution) in the courtyard. First of all I clean my teeth with *Siwaak* because it is very good for teeth and I think in my mind the benefits of *Siwaak*:

- (1) I am obeying Allâh and His Prophet صلى الله عليه وسلم.
- (2) It keeps the mouth clean as Allâh's Messenger صلى الله عليه وسلم said:

«السَّوَّاءُ مَطْهَرَةٌ لِلْفَمِ، مَرْضَاءٌ لِلرَّبِّ».

[*Miswâk* is an instrument for cleaning the mouth and seeking the pleasure of the *Rabb*(Allâh)].

- (3) It keeps the stomach clean.
- (4) It keeps the voice clear.
- (5) It helps in digestion.
- (6) It makes us active and alert while Offering prayers, and during recitation of Qur'ân and supplication.
- (7) It kills the germs in the mouth.

It was the Prophet's habit to put the *Siwaak* near him while going to bed and on waking up he used to start his *Wudu* with *Siwaak*.

Now I make intention in my heart to attain *Tahaarah* (purity) for offering prayer. Then I pronounce aloud بِسْمِ اللَّهِ *Bismillâh* (In the Name of Allâh).



Now I go for *Fajr* prayer with my father. I pick my shoes from the shoe rack at the entrance of my house. I shake them, in case some insects have gone inside at night. I always put on my right shoe first and then the left. When we leave the house we supplicate like this:

«بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ».

*Bismillâhi tawakkaltu alallâh
wa la haula wa la quwwata illah billâh.*

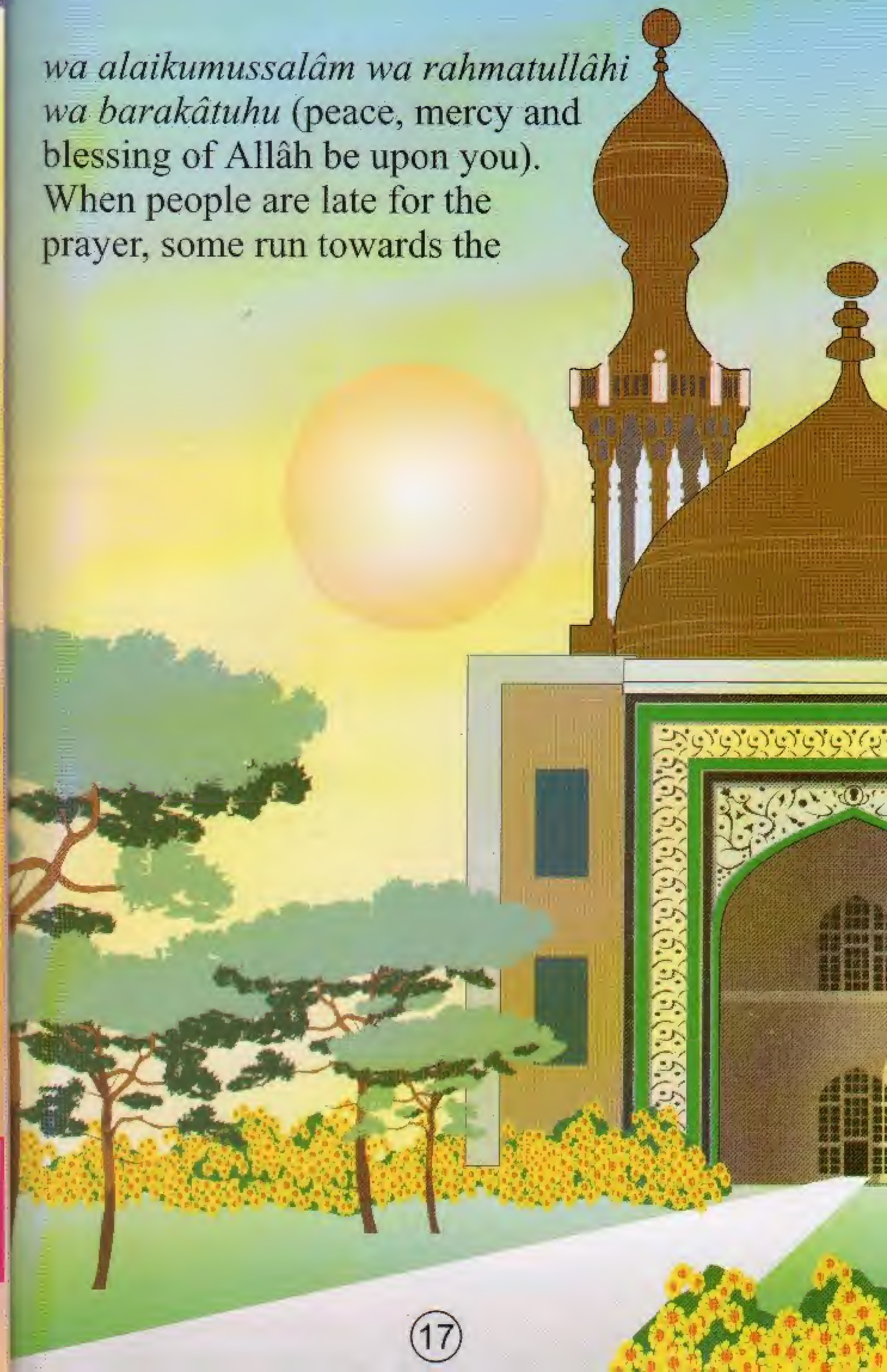
[In the Name of Allâh. I put my trust in Allah and there is no strength nor power except with Allâh].

We see many people from our neighbourhood going to *Masjid* as well.

We say *السَّلَامُ عَلَيْكُمْ* *Assalamu alaikum* (peace be upon you), and they return:

«وَعَلَيْكُمْ السَّلَامُ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ».

*wa alaikumussalâm wa rahmatullâhi
wa barakâtuhu* (peace, mercy and blessing of Allâh be upon you). When people are late for the prayer, some run towards the



I also did the same and we entered the *Masjid*. First we offered two *Rak'ah* (unit) *Sunnah* prayer of *Fajr* and then we sat down. While sitting, I raised my hands and started to supplicate because at this time the supplications are answered. Allâh's Messenger صلى الله عليه وسلم said:

«لَا يُرَدُّ الدُّعَاءُ بَيْنَ الْأَذَانِ وَالْإِقَامَةِ».

[The supplication between the *Adhân* and *Iqâmah* will not be turned down (by Allâh)].

Some of the children were playing in the *Masjid* and making noise but الحمد لله I do not behave like this. *Imâm* came and *Iqâmah* was called, then he ordered the people to straighten their rows as straightening of rows is part of the preparation for the congregational prayer.

Imâm said اللهُ أَكْبَرُ *Allâhu Akbar* (Allâh is the Greatest), and we also said the same

and we were in the state of prayer. When *Imâm* completed the prayer by saying *Assalmu alaikum warahmatullâh* السَّلَامُ عَلَيْكُمْ (peace and mercy of Allâh be on you), I started supplicating like this:

«أَسْتَغْفِرُ اللهَ، أَسْتَغْفِرُ اللهَ، أَسْتَغْفِرُ اللهَ.
اللَّهُمَّ! أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ،
تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ».

*Astaghfirullâh, Astaghfirullah,
Astaghfirullah. Allâhumma
antassalam waminkassalam
tabarakta ya dhaljalali wal ikram.*

[O Allâh! forgive me. O Allâh! forgive me. O Allâh! You are the source of peace and from You comes peace. Exalted You are, O Lord of majesty and honour].

We left for home after prayer. My father likes morning walk. This is very pleasant time before sunrise. We feel the coolness and freshness of the morning breeze. At this time light exercise is very good for health and one feels fresh after the exercise. The birds chirp on the trees as if they are also glorifying the Creator. I told my father that weather was very beautiful due to the fresh wind. The Prophet صلى الله عليه وسلم used to say the following supplication in the morning, so do I:

«اللَّهُمَّ! بِكَ أَصْبَحْنَا، وَبِكَ أَمْسَيْنَا، وَبِكَ نَحْيَا، وَبِكَ نَمُوتُ، وَإِلَيْكَ النُّشُورُ».

Allâhumma bika asbahna, wa bika amsaina, wa bika nahya, wa bika namootu, wa ilaikan-nushoor.

[O Allâh! we got up in the morning with Your blessing and we finish the day with Your help and by Your Name we live and by Your Name we die and unto You we will return].

When we came home, we supplicated like this on entering the house:

«بِسْمِ اللَّهِ وَلَجْنَا، وَبِسْمِ اللَّهِ خَرَجْنَا، وَعَلَى اللَّهِ رَبِّنَا تَوَكَّلْنَا».

Bismillâhi wa lajna, wa bismillâhi kharajna, wa 'alallâhi rabbina tawakkalna.

[By the Name of Allâh we enter and by the Name of Allâh we step out, and we put our trust in Allâh, our Lord]

We greeted my mother and others:

«السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ».

Assalâmu 'alaikum wa rahmatullâhi wa brakâtuhu.

And they replied:

«وَعَلَيْكُمُ السَّلَامُ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ».



Osama :

«اللَّهُمَّ! لَا تَقْتُلْنَا بِغَضَبِكَ، وَلَا تُهْلِكْنَا
بِعَذَابِكَ، وَعَافِنَا قَبْلَ ذَلِكَ».

*Allâhumma la taqtulna bighadabika,
wa la tuhlikna bi'adhâbika, wa 'aafina
qabla dhalik.*

[O Allâh! do not kill us through Your
wrath and do not destroy us through Your
punishment, but grant us safety before
this (happens)].

Teacher :

«جَزَاكَ اللَّهُ خَيْرًا».

Jazâkallâhu khairan

[May Allâh give you better reward].

O Osama, you have recited the same
supplication which is in the Traditions
(*Sunnah*) of the Prophet صلى الله عليه وسلم .

Now it was raining heavily and all the
students were thinking whether it was

«اللَّهُمَّ! رَبِّ هَذِهِ الدَّعْوَةُ التَّامَّةُ وَالصَّلَاةُ
الْقَائِمَةُ، آتِ مُحَمَّدًا الْوَسِيلَةَ وَالْفَضِيلَةَ،
وَأَبْعَثْهُ مَقَامًا مَحْمُودًا الَّذِي وَعَدْتَهُ».

*Allâhumma Rabba hadhihid
da'watittammati wassalâtil
qâimah âti Muhammadanil
waseelata walfadeelah wab'ath-hu
maqamam mahmudanilladhi wa'attah.*

[O Allâh, Lord of this perfect call and the prayer to be offered! grant Muhammad the privilege (of interceding) and also the eminence. And resurrect him to the praised position you have promised to him].

I left for the *Masjid* to offer the prayer in congregation. A prayer offered in congregation is rewarded twenty-seven times according to the saying of the Prophet ﷺ.

*to see the
new moon . . .*

